

The God Who Delivers

Open The Conversation: What's your favorite way to spend time outside?

Key Scripture: Read the following together.

1I waited patiently for the Lord; And He inclined to me, And heard my cry. 2He also brought me up out of a horrible pit, Out of the miry clay, And set my feet upon a rock, And established my steps. 3He has put a new song in my mouth— Praise to our God; Many will see it and fear, And will trust in the Lord.

Psalm 40:1-3

1. What does this scripture tell me about me?
2. What does this scripture tell me about God?

Start Sharing: Choose one question to start the conversation, move onto others if time allows.

- We live in a world that offers many solutions to life's issues, solutions that distract us from seeking God to deliver us. Where might you be seeking the world's wisdom rather than God's deliverance?
- God wants to prepare us to not be caught off guard, like He prepared Moses and told him He would harden Pharaoh's heart. Can you share a time God prepared you to not be caught off guard?
- The Israelites had anguish in their spirit because of how God delivered them and this prevented them from receiving God's instruction. Where might you have anguish in your spirit? What does it look like to lay that down to God and receive His instruction? Let's pray through that today!
- The Israelites were stuck in a circle of bondage because they were comfortable in the bondage. Where might you be stuck in a similar cycle of bondage? Where is God leading you out of that cycle? What will it cost you to follow Him?

Start Praying: Pray together and for one another.

"Father God, we joyfully turn to you as our deliverer. Help us to see where we have leaned on our own understanding rather than Yours. We long to follow You and Your path to deliverance. We love You Lord, Amen."