

## Hebrews 12

**Open The Conversation:** Share something good from this week.

**Key Scripture:** Read the following together.

*“Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.”*

*Hebrews 12:1-2*

1. What does this scripture tell me about me?
2. What does this scripture tell me about God?

**Start Sharing:** Choose one question to start the conversation, move onto others if time allows.

- In Hebrews 11, we see people who demonstrated faith and obedience despite challenges. How can we support one another in living out both faith and obedience in our daily lives?
- Hebrews 12:1-2 calls us to lay aside every weight that hinders us. What "weights" (emotional, mental, or spiritual) are you currently carrying that may be hindering your spiritual growth? What steps can you take to lay them down and move forward in faith? How can we help each other?
- Are there any areas in your life where unconfessed sin has created a barrier between you and God? How can you practice vulnerability and openness with God to remove these barriers?
- Matthew Barnett's story shows the importance of support from others. How can we, as a church community, better support those who are struggling with their faith or going through difficult seasons in life?

**Start Praying:** Pray together and for one another.

*“Jesus, we fix our eyes on You. We lift our faith to You. Help us to come alongside each other and encourage one another in our faith and obedience. Amen”*