

## God Became Man

**Open The Conversation:** Share your favorite meal you had in the past week

**Key Scripture:** Read the following together.

*14 Inasmuch then as the children have partaken of flesh and blood, He Himself likewise shared in the same, that through death He might destroy him who had the power of death, that is, the devil, 15 and release those who through fear of death were all their lifetime subject to bondage.*

*Hebrews 2:14-15 NKJV*

1. What does this scripture tell me about me?
2. What does this scripture tell me about God?

**Start Sharing:** Choose one question to start the conversation, move onto others if time allows.

- How has your understanding of the incarnation changed after considering it not just as a "Christmas story," but as the central plan of God to reconcile humanity? Do you see Jesus as more than just a Savior at the cross, but also as the answer to all that was lost in the fall of man?
- In light of the concept of Jesus coming in humility (riding on a donkey, lowly and meek), how can you embody humility in your own life, particularly in situations where you're hurt or mistreated? How does Jesus' example of humility challenge your responses in difficult circumstances? How can you choose lowliness and servanthood rather than self-exaltation or pride?
- What areas of your life do you still need to invite Jesus into more fully? Consider your relationships, your work, your struggles, and your joys. How might the incarnation of Jesus as the God who "fills all" transform these areas, and what steps can you take to welcome His presence into every part of your life?
- The idea of Jesus fully experiencing humanity to the fullest is powerful. How does knowing that Jesus understands our human struggles impact the way we approach our own pain and suffering? Share thoughts on how the fact that Jesus experienced everything we go through—temptation, suffering, pain—shapes the way we respond to life's challenges. How does this knowledge bring comfort, hope, or perspective in difficult times?

**Start Praying:** Pray together and for one another.

*"God, thank you for sending Jesus to overcome the power of death and give us the gift of life. Help us to allow Jesus to transform us daily and walk in humility. We submit ourselves wholly to you! Amen."*